Bio Data

Name: Dr Nilima Varma

Designation: **Professor (Home Science)**Subject: Home Science [Food and Nutrition]

Date of Birth: 11th August 1956 Birth Place: Jabalpur(M.P)

Academic Qualification

- Early Education 1972-Ist Div (Science)
- Higher Education 1975 Ist Div (Home Science)
- Higher Education 1977 Ist Div (Food and Nutrition)
- Ph.d -1990 (Food and Nutrition)
- Gold medal in the year 1977(for highest marks)
- Awards 2001- Best Teacher Award(AIWC) on teachers day

2003- Chief minister for working in Prerna project

2005 - Best Performing Birder

2010 - Best Teacher Award (Lioness Club) on teachers day

Service Period (Higher Education Department -Govt of M.P)

- Date of first appointment- 1/7/1979 till updated.
- Teaching Experience(U.G & P.G classes) 35years

Academic Participations

•	Presented Papers	35
•	Papers Published:	20
•	International conference	02
•	National Conferences:	20
•	National Seminars:	20
•	Workshops:	35 .
•	Refresher course	04

• Resource Person: in 40 Institutions

Books Published Class XI NCERT 3 Theory 1996/2001

2 Practical 1997

PGDDTN & PGDPN (Theory & Practical)
IGNOU (Training manual Vidisha project)
IGNOU (Food Production in Hotels)
IGNOU (Computer Application
Consumer Today (subline publishers)

- Ph.d Awarded to **07** Candidates
- Ph.d submitted for Viva 02
- Research Scholars under guidance: 08 candidates.



Projects Completed

- Two UGC Minor Project completed in
 - a. 2001
 - b. 2008

Associated other Activities.

- Radio talks: 32
- Phone in Programme: 05
- T.V Program: One
- Academic Counsellor for DFSM (M.Sc) in IGNOU
- Course Coordinator in BHOJ open university for DNHE &PGDDTN
- Coordinator for ICER-07
- Coordinator for Geriatric care and housekeeping Nov 2012
- Coordinator IQAC cell of the college
- Coordinator Ph.D course work
- Coordinator IT cell
- State level member of nutrition review committee

Membership

- Life member of HomeScience Association of India.
- Life member of Nutrition Society of India.
- Life member of International college of Nutrition.
- Life member of Indian Dietitics Association of India.
- Life Member of Association of foods Scientist and Technologist, India
- Life member of IAPEN society
- Life member of British Library Bhopal till Feb 2008
- Life member of Swami Vivekanand library 2009 till date
- Life member Red Cross Indian society
- Member Board of Studies (MLB College /Nutan college/ Raipur university/Bhoj university)
- Member of Central board of studies Barkatullah university

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Signature

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